

TOM KLEINMAN
32 Sumner St.
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(413) 717-1612
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Education:

The Neuromuscular Therapy Training Center
Atlanta, GA October 1994
Certification in Neuromuscular Therapy

Boulder School of Massage Therapy
Boulder, CO September 1994
Certification in Massage Therapy
Over 1000 credited hours including Anatomy and Physiology, Hydrotherapy,
Kinesiology, Neuromuscular Therapy, and Professional Ethics

University of Colorado
Boulder, CO 1992-1993
Graduate work in Kinesiology

University of Bridgeport (with extensive coursework at Fairfield university)
Bridgeport, CT 1978-1982
B.S. in Marketing and Psychology

American College of Sports medicine
Certified Health and Fitness Instructor

National Academy of Sports Medicine
Certified Personal Trainer

National Strength and Conditioning Association
Certified Strength and Conditioning Specialist

American Council on Exercise
Certified Personal Trainer

Fairfield Preparatory School
Fairfield, CT
high school diploma

Experience:

Licensed Massage Therapist
Advanced Massage Trainer
Canyon Ranch
Lenox, MA

Co-owner, South Charlotte Bodyworks
Personal Training
Neuromuscular Therapy and Sports Massage

Assistant Instructor, Neuromuscular Therapy
Southeastern School of Neuromuscular and Massage Therapy of Charlotte, Inc.

Assistant Instructor, Clinical Palpation and Surface Anatomy
Boulder School of Massage Therapy

Boulder's Pulse Health Club
Massage Therapist

Certified Personal Trainer, N.A.S.M., C.S.C.S., A.C.E., A.C.S.M.
16+ years' experience

Additional Training:

Active Release Therapy
Full Body Certified

Thai Massage
Lotus Palm School of Thai Massage
Institute of Thai Massage

Shiatsu Massage
Boulder College of Massage Therapy
Kripalu Center

Advanced Level Personal Training Methods
N.A.S.M.

Principles of Strength Condition
N.C.S.A.

Neuromuscular Therapy
Paul St. John Method

TMJ Dysfunction

Thoracic Outlet and Carpal Tunnel Disturbances

Advanced Anatomical Structure
Axial Appendicular Systems

Connective Tissue Injuries and Treatment

Advance Sports Massage
Pre, Mid, and Post Event Treatment

Craniosacral Therapy
American Polarity Therapy Association
Upledger Institute

Volunteer:

Special Populations Strength Training, Siskey YMCA
Charlotte, NC

Special Olympics Coach
Fairfield, CT

Colorado Sports Massage Team
Boulder, CO

Mapleton Physical Therapy Clinic
Boulder, CO

Interests:

Gardening, Yoga, Cycling

References:

Available Upon Request